

Women RISING

STRENGTH. | VOICE. | LEADERSHIP.



A WEEKEND HOSTED BY
NIAGARA

CUPE
COUNCIL

**BOLD WOMEN.
STRONG VOICES.
REAL CHANGE.**

A weekend dedicated to empowering CUPE women and those who identify as such to step into their leadership, strengthen their voices, and build collective power.

Connect. Learn. Be inspired.
Build lasting relationships
and *rise together.*



LEARN

new skills and
gain confidence.



CONNECT

with women
and build
networks.



BE INSPIRED

by stories of
courage, resilience
and change.



TAKE ACTION

and lead with
strength and
voice.

★ FEATURING *INSPIRING GUEST SPEAKERS!* ★

WEEKEND WORKSHOPS

FRIDAY, JUNE 19, 2026

5:00PM – 9:00PM



LABOUR, MUSIC, AND ART: ACTIVATING YOUR LOCAL

We will delve into labour history and activism through past and current music, writing, poetry, and art created by workers, for the benefit of workers and the world.

We will challenge ourselves to create member engagement and campaign tools that will inspire and capture the experiences of members.

No artistic experience required!

SATURDAY, JUNE 20, 2026

9:00AM – 6:00PM



WOMEN BREAKING BARRIERS

Learn about women's oppression, politics and social change – all from a woman's perspective.

Explore the barriers, challenges and opportunities for women in the union.

Discover your own personal leadership style and develop a plan for your personal next step.

SUNDAY, JUNE 21, 2026

9:00AM – 2:00PM



WHEN WOMEN LEAD WITH STRENGTH AND VOICE,
REAL CHANGE HAPPENS.



JUNE 19 – 21, 2026

BEST WESTERN
2 North Service Rd,
St. Catharines, ON



TOGETHER,
WE RISE.

CUPE
Stronger together